
Eastern Clusters YMCA Championship

MEET ANNOUNCEMENT

About the Championship

Date: February 9, 10 & 11, 2024

Location: Waterford Kettering High School • 2800 Kettering Dr • Waterford, MI 48329

Entry Deadline: January 31, 2024

Hosted by: Farmington Family YMCA Stingrays

Web Site: www.farmingtonstingrays.org

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ABOUT THE CHAMPIONSHIP

This meet is a sanctioned, closed, inter-association championship YMCA meet. This meet and all participants will adhere to the Rules that Govern YMCA Competitive Sports and the Swimming Addendum to the Rules that Govern YMCA Competitive Sports. USA Swimming technical rules and [Minor Athlete Abuse Prevention Policy](#) (MAAPP) will be followed. The meet is YMCA sanctioned.

YMCA Sanction number: CAQ-2024-MI01085183

ADJUSTMENTS TO THE MEET ANNOUNCEMENTS: The Championship Meet Committee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet or due to unforeseen issues of weather or facility problems. Changes will be communicated as far in advance as possible. None of the required elements for a YMCA Sanctioned Championship can be changed.

MEET TIMELINE: Warm-up and start times for all sessions are subject to change depending on the size of the meet

Friday - February 9th

PM Distance Session: Warm-ups – 4:00 PM
Meet Start – 5:00 PM

Saturday & Sunday - February 10-11th

AM Session: Warm-ups – 7:30 AM
Meet Start – 8:30 AM

PM Session: Warm-ups - not before 12:30 PM
Meet Start - not before 1:30 PM

INCLEMENT WEATHER/CANCELATION: The entry fees will be refunded if the meet is canceled due to circumstances beyond the control of FFYS.



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LOCATION AND FACILITY

Waterford Kettering H.S. Pool & Fitness Center, is a(n) 8 lane pool with a supervised warm-up and warm down area available. Depth at start is 8-14 feet and 3.5-14 feet at turn. Permanent starting blocks and non-turbulent lane markers will be used. Colorado timing system with a(n) 8 lane display will be used. The competition course has not been certified in accordance with 104.2.2C (4).

Lockers are available, provide your own lock. Public phones will be available. There is limited balcony seating for spectators, no personal chairs or coolers.

WEB SITE

Meet Information can be found at: www.farmingtonstingrays.org.

Online Meet Results: Meet Mobile

CONTACT INFORMATION

Meet Referee & Officials Coordinator: Sandra Zori - headofficialffys@gmail.com

NOTICES

Athletes age 12 and younger may not compete in "technical" suits as defined in the USA Swimming rulebook.

Three timers are required from each participating team per session. Please submit the names of the three timers per session from your team with your meet entry. Volunteer timers will be supplied with credentials.



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ELIGIBILITY

ATHLETE

YMCA Membership: An athlete must be a YMCA member in good standing who holds an annual, full privilege membership at the YMCA he/she represents for a period of at least 90 days prior to the first day of the meet. An athlete may have only represented that YMCA team in competition for a period of 90 days prior to the first day of the meet, excluding scholastic competition.

Amateur Status: An athlete may not have represented a college, university or other post-high school institution in any competition and may not have accepted pay or compensation for competing as a swimmer.

Athlete Protection Training: Athletes age 18 and older must have completed athlete protection training in the past 12 months.

Unattached Athletes: There is no unattached status in YMCA Swimming.

Age: An athlete will compete in the age group according to the athlete's age as of December 1, 2023.

YMCA Meet Participation: In order to be eligible to compete, each athlete must have competed in a minimum of (3) closed YMCA inter-association meets since September 1 of the current season.

Times: There are no qualifying times for this meet.

Athletes with a Disability: Swimmers with a disability are welcome to enter this meet. The coach or team entry person must alert the meet director and the meet referee as to the need for any special accommodations or seeding arrangements at the time the entry is submitted. If modifications to USA Swimming rules are necessary, then the coach or athlete must notify the meet referee of any disability prior to competition.

COACH

Required Certifications: Coaches must hold current certifications in the following courses in order to receive a deck credential:

- Safety Training for Swim Coaches
- Basic Life Support (Professional Rescuer CPR)
- First Aid



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- Principles of YMCA Competitive Swimming and Diving
- Child/Athlete Protection Training

A list of the acceptable certifications can be found in the CERTIFICATION REQUIREMENTS FOR SWIM COACHES or SWIMMING ADDENDUM TO THE RULES THAT GOVERN YMCA COMPETITIVE SPORTS

Coach Registration: Each coach must have completed the annual YMCA on-line coach registration process. Coaches who are not registered and approved will not be permitted on deck.

Teams without A Coach at the Meet: All athletes and teams must have at least one certified and credentialed YMCA coach designated as being responsible for their supervision during competition. When a YMCA team will not have a coach present, that YMCA may authorize an eligible coach from another YMCA attending the meet to be responsible for their athletes at the meet. The Meet Director and Meet Referee must be notified of this situation.

In addition, any swimmer entered in the meet, unaccompanied by a coach, must be approved by their coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

TEAM

Team Registration: Each team must have completed the annual YMCA on-line team registration and paid the annual registration fee.

Insurance: Each team that participates in the meet must have a current and correct Certificate of Liability Insurance, in effect through the last day of the meet.

ENTRY INFORMATION

ENTRY LIMITS: Swimmers may enter a total of 3 individual events and 2 relays for their designated age group session, and 1 event during the evening session on Friday, February 9th. Deck entry events **are** included in the daily limit.

QUALIFICATION PERIOD: There is no qualification period.

TIME STANDARDS: There are no time standards for this meet.



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TIMES: Submit entry times in SCY (no SCM or LCM conversion). Entered times must be the swimmer's BEST time achieved during the qualifying period.

ENTRY FEES: Entries are \$5.00 per individual event. There will be a \$2 facility charge per swimmer.

DECK ENTRIES: Deck entries to fill open lanes will be accepted by the Clerk-of-Course until 30 minutes prior to the start of each session. New heats will not be added. Deck entries cost \$5.00 per individual event and \$20 for relays plus a \$2 facility charge per swimmer.

ENTRY DEADLINE: Entries may be submitted as of Wednesday, January 31, 2024 at 8:00pm EST.

VOLUNTEERS/OFFICIALS/TIMERS

OFFICIALS AND TIMERS: We are asking for Level 1 & 2 Officials to volunteer. Please contact Sndra Zori (headofficialffys@gmail.com) regarding volunteering to officiate.

Three timers are required from each participating team per session. Please submit the names of the three timers per session from your team with your meet entry. They will be supplied with credentials. Volunteers for the morning sessions will also time through the mid-day sessions.

DECK CLEARANCE POLICY: Only registered and current coaches, athletes, officials and meet personnel are allowed on the deck or in locker rooms. Access to the pool deck may only be granted to any other individual in the event of emergency through approval by the Meet Director or the Meet Referee. Personal assistants/helpers of athletes with a disability shall be permitted when requested by an athlete with a disability or a coach of an athlete with a disability.



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Lists of registered coaches, certified officials and meet personnel will be placed outside the door to the locker rooms/pool deck. Meet personnel will check the list of approved individuals and issue a credential to be displayed at all times during the meet. This credential will include the host team logo, name as well as the function of the individual being granted access to the pool deck (Coach, Official, Timer, or Meet Personnel). In order to obtain a credential, Coaches and Officials must be current in all certifications through the final date of the meet. Meet personnel must return the credential at the conclusion of working each day and be reissued a credential daily.

All access points to the pool deck and locker rooms will either be secured or staffed by a meet worker checking credentials throughout the duration of the meet.

CHECK-IN PROCEDURE

MEET CHECK-IN PROCEDURE: Coaches, Officials and Meet Volunteers will check-in at the entrance to the pool and receive their credentials to access the pool deck.

EVENT CHECK-IN: There will be no event check-in for this meet except for the 1000 Free on Friday, February 9th. Check-in for these events will begin at 4:00 pm and close at 4:30pm. Failure to check in will cause the swimmer to be scratched from their event. A check in sheet will be posted at the announcers table on the pool deck.

COACHES MEETING/SCRATCH MEETING: There will be a **Coaches Meeting** following warmups for each session in the Hospitality Suite.

OFFICIALS AND TIMERS MEETING: There will be an **Officials Meeting** commencing 45 minutes before the start of each session in the Hospitality Suite. There will be a **Timers Meeting** commencing 15 minutes before the start of each session in the hallway outside of the computer room

CHAMPIONSHIP PROCEDURES & OPERATIONS

CHAMPIONSHIP COMMITTEE: The Committee will consist of the Meet Director, Meet Entry Chairperson, Meet Referee, and the Administrative Official.

RULES: The meet will run under Rules That Govern YMCA Competitive Sports, Swimming Addendum to the Rules That Govern YMCA Competitive Sports.



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MEET FORMAT: The meet will be swum using a Timed finals format. Swimmer's age will be determined as of December 1, 2023.

EVENT SEEDING: 1000 Free, 500 Free, and 400 IM will be seeded fastest to slowest. All other events will be seeded Slowest to Fastest (alternating genders – girls/boys). No updates to previously submitted times are allowed. The Meet Referee/Administrative Official reserves the right to combine heats.

SCRATCH PROCEDURES: An athlete is considered entered into an event unless he/she scratches from that event. If an athlete does not scratch from an event and does not swim the event, that event still counts toward the athlete's total number of events for the meet.

Prior to a session starting a swimmer may scratch events at the Clerk of Course, after a session starts you must see the Meet Referee to scratch an event.

DECLARED FALSE START: An athlete may also withdraw from a heat or swim-off by electing to take a declared false start. Such declaration must be made known to the Deck Referee before the heat or swim off is announced. A declared false start counts as an event swum for the athlete and will be counted in the maximum number of events allowed for each athlete.

NO SHOW: An athlete who is seeded in an event and fails to compete (i.e., a "no show") shall not compete in any further individual or relay events unless the athlete and/or coach declares an intent to swim to the Administrative Referee prior to the next scheduled event for the athlete.

WARM-UP SAFETY PROCEDURES: Teams will be assigned lanes for warm-ups. During designated warm up sessions, athletes may only enter the competition pools from the starting end. Athletes are expected to use a three-point entry in which they sit on the side of the pool then slide into the pool gently, with one hand on the wall. The exception is during specific warm up periods when sprint lanes are designated for practicing racing starts.

Coaches are responsible for the safety of their athletes and are expected to monitor them at all times during warm up sessions.

STARTS: 'Fly-over' starts may be used if the Head Official deems them necessary for the purpose of maintaining the timeline. Coaches will be informed at the coaches' meeting if flyover starts will be used in each session. In the event that flyover starts are used, all swimmers (except for Backstroke starts) should remain in the water at the completion of their race until the next heat has begun.



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8 & Under 100 yard relays will enter the water and push-off from the shallow end on the even lengths.

RESULTS: Any results displayed on the scoreboard are unofficial until final results are published. Results will be posted in the mezzanine outside the spectating area and in the hallway near the locker rooms.

PROTEST PROCEDURE: Protests may only be initiated by a person with standing, that is, a coach or YMCA supervisor whose team is competing in the meet. The Championship committee will arbitrate protests, eligibility issues, safety rules and other issues.

Protests against the judgment decisions of starters, stroke, turn, place and relay take-off judges can only be considered by the Referee and the Referee's decisions will be final USA-S Rule 102.23).

CONDUCT AND RESTRICTIONS: The Meet Referee reserves the right to dismiss any swimmer, coach and/or spectator from the competition due to inappropriate conduct

- Deck access is limited to only registered and approved coaches, swimmers, and working officials.
- Except where the venue facilities require otherwise, changing, into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited. The USA Swimming Rulebook defines Deck Change as: Changing, in whole or in part, into or out of a swimsuit (excluding a drag suit) in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes while at a practice, competition, or other pool-related activity." This includes slipping off the top of a one-piece performance suit to place on an alternate bikini top immediately following a race.
- Glass, Food, and Chairs are not permitted on deck.
- The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Photographs are not allowed to be taken behind the block during competition.
- Massage tables are not permitted.
- Individuals are responsible for the security of their personal belongings and are encouraged not to bring valuables to the meet venue and not to leave items unattended.
- Shaving is not permitted in any areas of the facility.



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- No oils or rub down substances are permitted.

AWARDS AND RECOGNITION

SCORING: This meet will be scored for all sessions. Individual events will be scored for 16 places (20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1) and relay events will be scored for 8 places (40, 34, 32, 30, 28, 26, 22, 18).

Points will be awarded to teams with the following limitations:

- a) Each team may enter unlimited relay teams in each relay event, but only the highest placing relay team may score. If the other relays place, the relay team will receive the award for that place, but no points will be awarded
- b) Each team may enter any number of swimmers per individual event, only 4 of whom may score points. Swimmers who place will receive the award, but not score points.

AWARDS: Awards will be given to 14 & under swimmers for individual and relay events on all three (3) days. For combined aged swims, results will be broken out by age group. For individual events, medals will be given for 1st – 8th place and ribbons for 9th-16th place. For relay events, medals will be given for 1st-3rd place and ribbons for 4th-8th place.

Team trophies will be awarded to the highest scoring team overall and to the second highest scoring (runner-up) team overall, as well as to the “Small Team Winner”.

TIME TRIALS

Will not be offered at this event.

SPECTATORS

ADMISSION FEE: Friday, Saturday and Sunday admission is \$5.00 (daily) for non-swimmers over 12 years old.

HEAT SHEETS/PROGRAMS: Programs covering all seeded events for each session will be available for \$6.00 on all days of the meet.

CONCESSION STAND: Food and beverages will be available in concessions area on the hallway located just outside the pool spectator and school gym. No food or beverage will be allowed on the deck of the pool, in the locker rooms or in the spectator areas. A hospitality area will be available for coaches and officials.



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CONDUCT AND RESTRICTIONS:

- No Flash Photography at the start of competition races.
- No personal chairs or coolers are allowed in the spectator area.
- Parents are responsible for the conduct of their children. Children are not allowed to roam the facility unattended.
- The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Spectators are not permitted on deck
- No smoking, drugs, or alcohol are permitted in the swimming complex.

LIABILITY, SAFETY AND EMERGENCY PROCEDURES

INSURANCE: Each Association participating in this meet must have insurance coverage for representative(s) including leadership and participants who will be in attendance for the period of the meet. Appendix 3 must be signed by each association participating in the meet.

LIABILITY LIMITS:

- In granting the YMCA Sanctioning, it is understood and agreed that YMCA of shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the meet.
- In consideration of acceptance of this entry, it is understood and agreed that the Farmington Y Stingrays swim team, the Farmington Family YMCA, and Northville High School shall be free and held harmless for injuries and expenses incurred to anyone during the conduct of this meet or on the road to and from the meet.

EMERGENCIES: The facility personnel will handle all emergencies at the meet. These individuals will provide CPR and first aid as needed and will ensure that individuals with serious injuries are transported immediately to the nearest hospital for further treatment. Defibrillators will be on site.

Any coach, athlete or official who recognizes an emergency situation should immediately inform the facility's personnel and then make sure the vicinity of the emergency is clear for the emergency personnel to do their job.

UNACCOMPANIED ATHLETE: Each athlete must have a certified coach responsible for him/her while on the pool deck. The coach of the athlete must authorize in writing a coach from another team to represent their team and be responsible for the swimmer(s).



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CONCUSSION AWARENESS: This meet will follow the YMCA of USA Concussion procedure. Anyone who observes or has knowledge of a potential head injury should immediately notify lifeguards and/or hired medical personnel. Once the injury report is completed, the lifeguard and/or hired medical personnel will notify the Event Staff, the athlete's coaching staff, and the Meet Director.

If a head injury occurs, the action plan below will be followed:

1. Athlete is removed immediately from participation by the Meet Director
2. Athletes must be evaluated by a licensed healthcare professional experienced in identifying and treating concussions. In addition, the athlete must be in compliance with the laws that are in effect within the jurisdiction where the meet is held.
3. The coaching staff will inform the athlete's parents or guardians about the possible concussion and give or send them the fact sheet on concussion.
4. The athlete will not be allowed back to warm-up or compete until a healthcare professional, experienced in evaluating concussions, determines that the athlete is symptom-free and is OK to return to participation.

LIGHTNING POLICY: The National Lightning Safety Institute, National Athletic Trainers Association, American College of Emergency Physicians, and YMCA of the USA all recommend or require closing an indoor pool during an electrical storm. This policy will be followed at the meet.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

EVACUATION PROCEDURE: The facility personnel will direct all people in the event of an evacuation.

DIRECTIONS

FFYS suggests participants and their families utilize their favorite mapping or GPS app to locate the pool at the following address: [Waterford Kettering High School
2800 Kettering Dr, Waterford, MI 48329](https://www.google.com/maps/place/Waterford+Kettering+High+School/@42.25584,-83.74141,17z/data=!3m1!1e3!3m2!1sWaterford+Kettering+High+School!2s2800+Kettering+Dr,+Waterford,+MI+48329)

LODGING

FFYS suggests participants and their families requiring hotel accommodations use their own preferred travel site or at one of these area hotels:



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Comfort Inn: 7076 Highland Rd. Waterford, Mi 48329

Holiday Inn Express Hotel & Suites: 4350 Pontiac Lake Rd. Waterford, Mi 48329

Holiday Inn Express Hotel & Suites: 3990 Baldwin Rd. Auburn Hills, Mi 48326

Comfort Suites: 1565 N. Opdyke Rd. Auburn Hills, Mi 48326

PARKING

Parking is available on-site at both locations at no charge.



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APPENDIX 1: ORDER OF EVENTS

FRIDAY - FEBRUARY 9, 2024

Girls	EVENING EVENTS	Boys
1	11 & Over 400 IM	2
3	9 & Over 500 Free	4
5	10 & under 200 IM	6
7	9 & Over 1000 Free	8



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SATURDAY- FEBRUARY 10, 2024

Girls	MORNING EVENTS	Boys
9	11-12 200 Medley Relay	10
	8 & Under 100 Under Medley Relay	11
12	11-12 200 Free	13
	8 & Under 100 IM	14
15	11-12 100 IM	16
	8 & Under 25 Free	17
18	11-12 200 Breast	19
	8 & Under 25 Fly	20
21	11-12 50 Fly	22
	8 & Under 50 Free	23
24	11-12 100 Back	25
	8 & Under 25 Back	26
27	11-12 50 Breast	28
	8 & Under 25 Breast	29
30	11-12 200 Fly	31
	8 & Under 100 Free Relay	32
Girls	AFTERNOON EVENTS	Boys
33	9-10 200 Medley Relay	34
35	13-14 200 Medley Relay	36
37	15-18 200 Medley Relay	38
39	9-10 100 IM	40
41	13-14 100 Back	42
43	15-18 100 Back	44
45	9-10 100 Back	46
47	13-18 200 Breast	48
49	9-10 50 Breast	50
51	13-14 100 Fly	52
53	15-18 100 Fly	54
55	9-10 50 Fly	56
57	13-14 200 Free	58
59	15-18 200 Free	60
61	9-10 200 Free	62
63	13-14 50 Free	64
65	15-18 50 Free	66



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SUNDAY- FEBRUARY 11, 2024

Girls	MORNING EVENTS	Boys
67	11-12 200 Free Relay	68
69	8 & Under 100 Medley Relay	
70	11-12 200 IM	71
72	8 & Under 100 IM	
73	11-12 200 Back	74
75	8 & Under 25 Free	
76	11-12 50 Free	77
78	8 & Under 25 Fly	
79	11-12 100 Breast	80
81	8 & Under 50 Free	
82	11-12 100 Free	83
84	8 & Under 25 Back	
85	11-12 50 Back	86
87	8 & Under 25 Breast	
88	11-12 100 Fly	89
90	8 & Under 100 Free Relay	
Girls	AFTERNOON EVENTS	Boys
91	9-10 200 Free Relay	92
93	13-14 200 Free Relay	94
95	15-18 400 Free Relay	96
97	9-10 100 Fly	98
99	13-18 200 Fly	100
101	9-10 100 Free	102
103	13-14 100 Free	104
105	15-18 100 Free	106
107	9-10 50 Back	108
109	13-18 200 Back	110
111	9-10 100 Breast	112
113	13-14 100 Breast	114
115	15-18 100 Breast	116
117	9-10 50 Free	118
119	13-14 200 IM	120
121	15-18 200 IM	122



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APPENDIX 2: QUALIFYING TIMES

There are no qualifying times for this meet.



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This is the last page of the Meet Announcement