



**Integrity, Inclusion, Education, Excellence**  
**Michigan Swimming 10 & Under Championship Meet**  
**Hosted by Mid Michigan Aquatics (MMA)**  
**March 9-10, 2024**

**Sanction** – This meet is sanctioned by Michigan Swimming, Inc. (MS), as a timed final meet on behalf of USA Swimming (USA-S), Sanction number MI2324088. The Time Trial Sanction number, if needed, is MITT2324088. In granting this sanction it is understood and agreed that USA Swimming, Inc. and Michigan Swimming, Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. MS rules, safety and warm up procedures will govern the meet as if fully set forth in these meet rules.

**Minor Athlete Abuse Prevention Policy Acknowledgement** - All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. There will be at least two safety marshals at this competition, with at least one of each gender.

**Location** – Holt High School, 5885 Holt Rd., Holt, Michigan 48842 Main Campus entrance off of Kahres Rd.

**Facilities** – Holt High School is an 8 lane 25 yard pool with a supervised warm-up and warm down area available (diving well with lane markers and backstroke flags). Depth at the start ranges from 8 ft and 4 ft at the turn. Permanent starting blocks and non-turbulent lane markers will be used. Colorado timing system with an 8 lane display will be used.

**Course Certification** – The competition course has not been certified in accordance with 104.2.2C(4).

**Admissions/Programs** – \$5.00 per person, per day. Children 10 and younger are free. Heat Sheets will be available.

**Controlled Warm Up** – Teams will be assigned to a warm-up group for Saturday and Sunday sessions.

DAY	GROUP A	GROUP B	GROUP C	1 WAY	EVENTS START
Saturday Finals	2:40 PM	3:00 PM	3:20 PM	3:40 PM	4:00 PM
Sunday Finals	11:00 AM	11:20 AM	11:40 AM	12:00PM	12:20 PM

**Eligibility** – All athletes registered with Michigan Swimming who have achieved current short course yard, short course meter or long course meter times equal to or faster than the qualifying

standards during the qualifying period are eligible to enter an event. The qualifying time must have been achieved between 01/01/2023 and 03/3/2024.

### **Para-Swimming Eligibility -**

USA Swimming Rule 105.1.1 defines a “disability” as a permanent physical or cognitive disability that substantially limits one or more major life activities.

An athlete with a disability who achieved the qualifying P1, P2, or P3 time standards for their age/classification/events may enter those events into the Michigan Swimming 10 & Under Meet. An official sport class recognition of a swimmer with a disability is NOT required.

**Entry Limits** – A swimmer may enter as many events as they qualify for but may swim no more than (3) individual events per day. A swimmer may swim no more than (6) individual events and (2) relay events for the entire meet. If a swimmer is entered in more than (3) individual events and (1) relay events per day, he/she must scratch out of the desired excess events.

**Bonus Events** – If an athlete achieves a qualifying time in **less than 4 individual events**, they may supplement their entries with bonus events in the 50 Freestyle, 100 Freestyle, 100 IM and the 50 and 100 stroke events as follows:

- 1 qualifying event – up to 3 bonus events
- 2 qualifying events – up to 2 bonus events
- 3 qualifying events – up to 1 bonus event
- Relay Only Athletes – No bonus events

The following events are not allowed to be added as a bonus event. 200 IM, 200 Freestyle and 500 Freestyle.

Athletes entered in the meet by achieving a first or second place at the Regional Meet only may add bonus events as described above.

**Deck Registration and Deck Entries** – Deck registrations and deck entries are NOT permitted at this meet.

**Meet Format** – This is a two day, timed finals format, LSC Championship.

**Seeding** - All events will be seeded slowest to fastest with the exception of the 500 Freestyle which will be seeded fastest to slowest and alternating gender (female/male).

**Time Trials** - Time permitting, at the discretion of the Meet Referee and Meet Director, time trials for athletes may be offered each day 15 minutes after the completion of the preliminary session. Athletes must be already entered in the meet to swim a time trial. Time trials do not count against the maximum per day entry limit of three (3) or the total meet entry limit of six (6) and are limited to no more than one (1) per day. The entry fee is \$10.00 per individual event and \$15.00 for relays.

**Time Standards** – 2024 Michigan Swimming 10 & Under Meet Qualifying Times will be used.

**Conversion/Entry Times** - No time conversions permitted. Submit times in Short Course Yards, Short Course Meters, or Long Course Meters.

## 10 & Under Event List

### Saturday

Scratch box closes at 2:55 p.m. for all Saturday events.

Women's	EVENT	Men's
Event #		Event #
1	200 IM	2
3	50 Backstroke	4
5	50 Freestyle	6
7	100 Breaststroke	8
9	500 Freestyle*	10
11	100 Butterfly	12
13	200 Free Relay	14

\*Alternating gender, fastest to slowest

Awards Ceremonies following events 4, 8, 12 and 14

Scratch box closes at 6:00 p.m. for all Sunday events.

### Sunday

Women's	EVENT	Men's
Event #		Event #
15	100 Freestyle	16
17	100 IM	18
19	100 Backstroke	20
21	50 Butterfly	22
23	50 Breaststroke	24
25	200 Freestyle	26
27	10 & Under 200 Medley Relay	28

Awards Ceremonies following events 18, 22, 26, and 28

**Entry Fees** - The fees are **\$10.00** per individual event and **\$15.00** per relay. Please include a **\$5.00** Michigan Swimming Athlete Surcharge for each swimmer entered and a **\$10.00** per athlete facility surcharge.

**Entry Deadline – Wednesday, February 28, 2024 at 8pm**

**Refunds** - There are no refunds in full or in part once a team or individual entry has been accepted.

**Marshaling** - This is a self-marshaled meet.

**Scratch Rules** - All individual events will conform to the USA National Scratch Procedures Article 102.4.

Early Team or individual scratches for all Friday events will be accepted at [Escratch@miswim.org](mailto:Escratch@miswim.org) on Friday March 8, 2024 from 8:00 AM to 6:00 PM.

**Penalties For Failure To Compete** - If a swimmer fails to drop his/her scratch card by the time stated for the event and fails to compete in that event, the swimmer will be barred from all further individual and relay events of that day. Additionally, the swimmer will not be seeded in any further individual events on succeeding days unless that swimmer declares intent to swim prior to the close of the scratch box for that day's event. (See Meet Referee or his/her designee).

**Additional \$50 Penalty** - In addition to the procedures and penalties stated above, if a swimmer participates in any event in this meet and then fails to compete in his/her last scheduled individual event of the meet without being properly scratched for that event, he/she shall be fined \$50 payable immediately to MS.

The swimmer is not allowed to compete in any subsequent MS sanctioned or approved events until the fine is paid.

**Results** - Official results will be posted following the conclusion of the meet on the Michigan Swimming Website at [www.miswim.org](http://www.miswim.org). Please use Meet Mobile for Unofficial live results.

**Scoring –**

Individual events points: 20,17,16,15,14,13,12,11,9,7,6,5,4,3,2,1 for 1<sup>st</sup> -16<sup>th</sup> respectively.

Relays: 40,34,32,30,28,26,24,22,18,14,12,10,8,6,4,2 for 1<sup>st</sup> –16<sup>th</sup> respectively.

**Awards** - Michigan Swimming provides medals for 1<sup>st</sup> – 8<sup>th</sup> place finishers for all individual and relay events and ribbons for 9<sup>th</sup>-16<sup>th</sup> place finishers in each individual event. There will be individual high point awards for 1<sup>st</sup> – 3<sup>rd</sup> place finishers. There will be an overall combined Team Award.

**Award Presentations** - There will be formal awards presentations for the top 8 finishers in each event. (See event schedule)

**Award Distribution** - Individual event awards for 9<sup>th</sup> – 16<sup>th</sup> place will be available for immediate pickup at the award table. No awards will be mailed. There will be no exceptions.

**Medical Supervision** – Lifeguards will be on duty during the entirety of the meet.

## Facility Items

- A. First Aid supplies will be kept in the pool office.
- B. No smoking is allowed in the building or on the grounds of the facility.
- C. Pursuant to applicable Michigan Law, no glass containers will be allowed on the pool deck or in the locker rooms.
- D. No bare feet allowed outside of the pool area. Swimmers need to have shoes to go into the hallway.
- E. An Emergency Action Plan has been submitted by the Host Club to the Safety Chair and the Program Operations Chair of Michigan Swimming prior to sanction of this meet and is available for review and inspection at the **pool office**.
- F. To comply with USA Swimming privacy and security policy, the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms
- G. Deck changing, in whole or in part, into or out of a swimsuit when wearing just one suit in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes is **prohibited**.
- H. Operation of a drone, or any other flying apparatus, is **prohibited** over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

**Lost and Found** - Articles may be turned in to a designated lost and found area in the Lifeguard Office. The Meet host will retain articles not picked up by the end of the meet for 14 days.

**Safe Sport/Safe Facility** - Michigan Swimming safety and warm up rules will be followed. In the event of a medical emergency the swimmer's coach is responsible for the care of the athlete. The participating athlete and/or the athlete's USA Swim Club will be responsible for any costs incurred if it is necessary to call 911, EMS, etc. If the athlete is participating without a parent present it is highly suggested that the coach(s) have the athlete's insurance cards and signed releases allowing them to direct medical care.

**Deck Personnel** - Only registered and current coaches, athletes, officials and meet personnel are allowed on the deck or in locker rooms. Access to the pool deck may only be granted to any other individual in the event of emergency through approval by the Meet Director or the Meet Referee. The Michigan Swimming Board of Directors, the Michigan Swimming Officials Chair, and the Michigan Swimming Office staff are authorized deck personnel at all MS meets. Personal assistants/helpers of athletes with a disability shall be permitted when requested by an athlete with a disability or a coach of an athlete with a disability.

All individuals seeking access to the pool deck must show a valid digital USA Swimming membership card reflecting good standing in order to receive a deck credential. The credential must be displayed at all times during the meet and will include the host team name as well as the function of the individual being granted access to the pool deck (Coach, Official, Timer, or Meet Personnel). To obtain a credential, Coaches and Officials must be current in all certifications through the final date of the meet. Meet personnel must return the credential at the conclusion of working each session and will be reissued a credential at the start of the next session.

All access points to the pool deck and locker rooms will either be secured or staffed by a meet worker checking credentials throughout the duration of the meet.

**Swimmers With Disabilities** - If any of your swimmers have special needs or requests, please indicate this with the Meet Referee during warm ups.

**Swimmers Without A Coach** - Any swimmer entered in the meet, unaccompanied by a USA-S member coach, must be certified by a USA-S member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**Coaches' Meeting** – There will be a coach meeting on Thursday, March 7, 2024 at 8:00 p.m. via Zoom. The Zoom link will be sent to all coaches after entries have been closed.

**General Information** - Any errors or omissions in this meet announcement, with the authorization of the Meet and Sanctioning Chair, will be documented by the Meet Referee and available for review at the Administrative Referee table. Information will also be covered at the Coaches' Meeting.

**PROTESTS** - USA Swimming Rule 102.23 shall be used.