



Integrity, Inclusion, Education, Excellence

Open Invitational BBD Spring Day After Meet

Hosted By: Birmingham Blue Dolphins

March 10th, 2024

Sanction – This meet is sanctioned by Michigan Swimming, Inc. (MS), as a timed final meet on behalf of USA Swimming (USA-S), Sanction Number **MI2324082**. In granting this sanction it is understood and agreed that USA Swimming, Inc. and Michigan Swimming, Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. MS rules, safety, and warm up procedures will govern the meet as if fully set forth in these meet rules.

Minor Athlete Abuse Prevention Policy Acknowledgement

All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. There will be at least two safety marshals at this competition, with at least one of each gender.

Location

Birmingham Groves High School
20500 West Thirteen Mile Road
Beverly Hills, MI 48025

Times

- Deck opens for swimmer arrival and check-in at 7:30 am
- Open warm-up starts at 8:00 am
- Round One events start at 9:00 am
- Deck registration for Rounds 2 and 3 opens at 9:00 am
- Rounds Two and Three will begin as soon as practical following the completion of the previous round.

Facilities

Birmingham Groves High School, is a(n) **8** lane pool **with a supervised warm-up and warm down area available**. Depth at start is 12ft and 4ft at turn. Permanent starting blocks and non-turbulent lane markers will be used. **Colorado timing system with a(n) 6 lane display will be used.**

Course Certification

The competition course has not been certified in accordance with 104.2.2C(4)

Meet Format

The meet will be run as a Timed Finals meet consisting of one Session with three rounds

Note: Round 1 will be accepting electronic entries only. Round 2 and 3 will take both electronic and deck entries.

Eligibility

All athletes (**aged 13 years old or older**) registered with Michigan Swimming or another USA Swimming LSC are eligible to participate in this meet.

Entry Deadline

Friday, March 1, 2024 at 8pm

Entry Acceptance and Processing

Entries will be accepted and processed on a first come, first served basis in the order in which they are received after the entry open date.

Note: Round 1 will be accepting electronic entries only. Round 2 and 3 will take both electronic and deck entries.

Individual Entry Limits

Swimmers may enter a maximum of **6 individual** events. There is no limit on the number of relays each swimmer may swim.

Entry Fees

\$5.00 per individual event and **\$12.00** for relays.

Surcharges

A \$1.00 per athlete Michigan Swimming athlete surcharge applies.

There will be a \$3 facility charge per swimmer.

Refunds

Once a team or individual entry has been received and processed by the Administrative Official there are no refunds in full or in part unless the "over qualification exception" applies (see MS Rules).

Check In

Check-in will be required for Round 1 events and will be located **on the pool deck by the control room.**

Marshaling

This meet will be self-marshaled.

Seeding

Seeding will occur after processing entries for each round. Swimmer check-in for Round 1 will close at 8:30 am. Swimmers that fail to check in for an event in Round 1 will be scratched from that event. **Entries for subsequent Rounds close at the completion of the prior Round**, but the Meet Referee may extend Entry close at his discretion to provide for extenuating circumstances. **Coaches and athletes are encouraged to submit entries as early as possible to avoid delays.** All events will be seeded slowest to fastest.

Deck Entries

Deck entries **(\$7.00 per individual entry and \$15 per relay)** will be allowed for rounds 2 and 3.

Meet Programs/Admissions

There will be no meet programs and no admission fees.

Scoring

No individual or team scoring will be kept.

Awards

No award will be given out

Results

Complete Official meet results will be posted on the Michigan Swimming Website at <http://www.miswim.org/>.

Concessions

There will be no concessions. No food or beverage will be allowed on the deck of the pool, in the locker rooms or in the spectator areas. A hospitality area will be available for coaches and officials.

Lost and Found

Articles may be turned in/picked up at the designated area on the pool deck. Articles not picked up by the end of the meet will be retained by the Meet Director or a representative for at least 14 days (any longer period shall be in the sole discretion of the Meet Director).

Swimming Safety

Michigan Swimming warm up rules will be followed. To protect all swimmers during warm-ups, swimmers are required to enter the pool feet first at all times except when sprint lanes have been designated. No jumping or diving. The same rules will apply with respect to the warm-down pool and diving well. Penalties for violating these rules will be in the sole discretion of the Meet Referee which may include ejection from the meet.

Racing Start Certification

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Deck Personnel/Locker Rooms/Credentialing

Only registered and current coaches, athletes, officials and meet personnel are allowed on the deck or in locker rooms. Access to the pool deck may only be granted to any other individual in the event of emergency through approval by the Meet Director or the Meet Referee. The Michigan Swimming Board of Directors, Officials Chairs of MS, and the Michigan Swimming Office staff are authorized deck personnel at all MS meets. Personal assistants/helpers of athletes with a disability shall be permitted when requested by an athlete with a disability or a coach of an athlete with a disability.

All individuals seeking access to the pool deck must show a valid digital USA Swimming membership card reflecting good standing in order to receive a deck credential. The credential must be displayed at all times during the meet and will include the host team name as well as the function of the individual being granted access to the pool deck (Coach, Official, Timer, or Meet Personnel). In order to obtain a credential, Coaches and Officials must be current in all certifications through the final date of the meet. Meet personnel must return the credential at the conclusion of working each day and be reissued a credential daily.

All access points to the pool deck and locker rooms will either be secured or staffed by a meet worker checking credentials throughout the duration of the meet.

Swimmers with Disabilities

All swimmers are encouraged to participate. If any of your swimmers have special needs or requests, please indicate them on the entry form and with the Clerk of Course and/or the Meet Referee during warm ups.

First Aid

Supplies will be kept in Coaches Office/Computer Room on deck and will be available for use as needed.

Medical Supervision

Certified lifeguards will be available to athletes participating in this competition.

Facility Items

- (A) No smoking is allowed in the building or on the grounds of any facility listed above.
- (B) Pursuant to applicable Michigan law, no glass will be allowed on the deck of the pool or in the locker rooms.
- (C) No bare feet allowed outside of the pool area. Swimmers need to have shoes to go into the hallway to awards or concessions.
- (D) An Emergency Action Plan has been submitted by the Host Club to the Safety Chair and the Program Operations Chair of Michigan Swimming prior to sanction of this meet and is available for review and inspection at the coach/pool office.
- (E) To comply with USA Swimming privacy and security policy, the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- (F) Deck changing, in whole or in part, into or out of a swimsuit when wearing just one suit in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes is **prohibited**.
- (G) Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

General Information and Errors/Omissions

Any errors or omissions in the program will be documented and signed by the Meet Referee and available for review at the Clerk of Course for Coaches review. Information will also be covered at the Coaches' Meeting.

Schedule of Events
Sanction Number: MI2324082

Notes:

1. Events will run through 3 times except for the 1650 freestyle and the 1000 freestyle.
The 1650 free will only be offered in Round One; the 1000 free will only be offered in Round Two (i.e., in lieu of the 1650 freestyle).
2. There will be **no** breaks between events within each Round.
3. Swimmers may swim all three rounds.
4. Round Two events will start with a 2XX and Round Three events will start with a 3XX.
5. Rounds Two and Three will begin as soon as practical after the completion of the previous round.

Girls	Event	Boys
101	13 and Over 200 Yard Freestyle Relay	102
103	13 and Over 500 Free	104
105	13 and Over 200 Individual Medley	106
107	13 and Over 50 Free	108
109	13 and Over 400 Medley Relay	110
111	13 and Over 200 Medley Relay	112
113	13 and Over 400 Individual Medley	114
115	13 and Over 100 Butterfly	116
117	13 and Over 200 Free	118
119	13 and Over 100 Breaststroke	120
121	13 and Over 100 Backstroke	122
123	13 and Over 800 Free Relay	124
125	13 and Over 200 Backstroke	126
127	13 and Over 100 Free	128
129	13 and Over 200 Breaststroke	130
131	13 and Over 200 Butterfly	132
133	13 and Over 400 Free Relay	134
135	13 and Over 1650 Free	136